

Looking Beyond Stereotypes: Who is Really at Risk for Suicide

Tuesday, September 29, 12 pm – 1 pm EST

Via Zoom: <https://zoom.us/j/92487943037>

Thomas Young, MD, Chief Medical Officer and co-founder of nView Health, will share his insight into the common stereotypes surrounding suicide and why we are missing the mark by not taking a more proactive approach in identifying those at risk. He will discuss his experience as a clinician and the benefit of mental health screening as a valuable tool that should be “the new norm” in proactive healthcare and accessible to all.



Dr. Thomas Young

Chief Medical Officer and Co-Founder
nView Health, Inc.

Dr. Young serves as Chief Medical Officer and Co-founder of Nview Health, the leading provider of behavioral health assessment technology and suicide tracking. He is a University of Texas Medical Branch graduate, served in the National Health Service Corps and taught at Baylor College of Medicine before moving to Boise, Idaho to join the Family Practice Residency of Southwest Idaho and going into full-time practice. Dr. Young served as a medical consultant to EDS where he developed automated claims analysis technology. He was also the Medical Director and creator of Idaho's first EMS paramedic program. Following that, he was the Medical Director for QIO and Idaho Medicaid, during which time he developed the first evidenced-based pharmaceutical management program. As Chief Medical Officer and Executive Vice President, he led the growth of Connexions Health and its eventual sale to Optum before returning to Idaho and becoming the Chief Operations Officer of a large counseling center for children and families. Dr. Young built Idaho's first APA-certified psychology postdoctoral program and has since served as the Medical Director for behavioral health clinics and other organizations including U.S. Preventive Medicine and Citra Health Solutions.

Dr. Young lives in Star, Idaho with his wife Gloria. He enjoys spending time with his children and grandchildren and is an avid fly-fisherman and car aficionado. In addition to being a serial

entrepreneur providing leadership to multiple healthcare endeavors, he is engaged with the local community and remains committed to counseling students at the local college.

All Fireside Chats are hosted by Robyn Hussa Farrell, MFA, E-RYT.

Robyn Hussa Farrell, is co-founder and CEO of Sharpen, and has spent the past 15 years collaborating with state agencies, educational systems, public health and psychology researchers to build and deliver evidence-based programs to K-12 schools and communities. In her role, Robyn is responsible for building collaborative partnerships and developing programs that deliver powerful prevention content into communities across the U.S.

As part of her work in population health and prevention, Robyn built mindfulness, stress reduction and yoga-based programs for patients struggling with a variety of mental illnesses. Her work has been published in peer reviewed medical journals and in other publications. Robyn's experience working in treatment settings and with researchers in schools led her to scale her community-based programs by adapting them into video-based modules and a series of documentaries on mental health and educational initiatives. Many of Robyn's programs have been implemented through the award-winning non-profit, Mental Fitness, which Hussa founded in 2006 to deliver evidence-based content and resources to communities.

A leader in the mental health and wellness provider community, Robyn is certified in Mindfulness Based Stress Reduction (MBSR) through the University of Massachusetts Medical School model, as well as a certified trainer for NAMI NH CONNECT Suicide Prevention program. Hussa has proudly served as Spartanburg county youth suicide prevention coordinator for the Behavioral Health Task Force for United Way of the Piedmont, is a member of the Dean's Advisory Board for the Johnson College of Business and has served as a mentor for the StartME Spartanburg entrepreneurship program. Robyn served as the Resilient Schools mindfulness trainer in Spartanburg, Cherokee, Richland and Lexington County Resilient Schools initiatives, is a Founding Member of the Eating Disorder Recovery on Campus in Boston, an advisory committee member for Way to Wellville/Rethink Health Community Engagement and Listening Campaign, and has been a Keynote and Invited Presenter in over 50 medical and educational conferences.